



Harmony Choir at a Leith Fun Palace  
Photo: Chris Scott 2018

## Mental Health Inclusive Choirs

Developing evidence-based practice and resources for community singing leaders in mental health contexts

We seek to support mental health inclusive choirs which promote both wellbeing and the best group singing experiences "side-by-side"

This project will research the current experiences, needs and practice in the community through surveys, consultations and an action research programme.

Our findings will be shared through open-source practical resources for & by community group singing leaders and people who are living with mental illness.

**Keep in touch with us:**

**@SingSideBySide #MARCHPlusFunds**

**#MentalHealthInclusiveChoirs #SingingForMentalHealth**



**Mental Health  
Inclusive Choirs  
Project Team**



**Dr Yoon Irons**  
University of  
Derby (PI)



**Professor David  
Sheffield**  
University of Derby



**Dr Michael  
Bonshor**  
University of  
Sheffield



**Liesbeth Tip**  
University of  
Edinburgh



**Lewis Hou**  
Science Ceilidh



**Sophie Boyd**  
University of  
Glasgow



**Nicola Wydenbach**  
Freelance Singing Practitioner

**Keep in touch:**  
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